envision
A Dry Eye Specialty Practice

Tixel Dry Eye Treatment / Patient Information and FAQ

What isTixel?
Tixel is an FDA cleared, non-invasive, in-office treatment that uses gentle, controlled heat applied to the eyelids to improve meibomian gland function and relieve symptoms of evaporative dry eye.

How does Tixel help dry eye?
Tixel targets the underlying cause of evaporative dry eye by:

- Unblocking oil glands in the eyelids
- Improving tear quality and stability
- Reduce dryness, burning, irritation, and fluctuating vision

What does the treatment feel like?
Most patients feel a brief warm tapping sensation on the eyelids. The procedure is quick and generally well tolerated.

How long does the treatment take?
Approximately **2-15 minutes** depending on the area treated.

Is there downtime?
Mild redness, warmth, or swelling may occur and usually improves within a few hours but can last for 1-2 days. Depending on the intensity of treatment, redness and sensitivity can last up to 1 week.

How many treatments are needed?
Many patients benefit from **3 treatments**, spaced several weeks apart. Your provider will recommend a personalized plan.

When will I notice results?
Some patients notice improvement within days; others experience gradual improvement over several weeks.

Is Tixel covered by insurance?
Unfortunately, insurance companies have yet to adopt this newer technology. Tixel is a **self-pay procedure** and not covered by insurance. The cost of Tixel i is $500 per treatment.

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