envision
A Dry Eye Specialty Practice

Tixel Pre-Treatment Guide

This one-page guide highlights the most important things to know before your Tixel treatment. Following these instructions helps your skin heal safely and ensures the best possible results.

Please stop all of the following before your treatment:

- STOP Retinols/Retinoids 7 days prior to your treatment.
- STOP Accutane/Roaccutane within 3 months of treatment.
- STOP NSAIDS (ibuprofen, naproxen, aspirin) for 7 days prior to your treatment. It is okay to take Tylenol prior to treatment if needed.
- STOP herbal supplements 7 days prior (St. John's Wort, Garlic, Vitamin E, Gingko, etc.) Biotin is OK.

Prior to treatment:

- Drink plenty of fluids and water the day before and day of your procedure.
- Do NOT dye your hair for the 24 hours leading up to treatment
- Do NOT go tanning or have increased sun exposure for 2-4 weeks prior and after your treatment.
- Do NOT have fresh filler or botox for 2 weeks prior to treatment
- Male patients: if you are planning on having a full face treatment, please shave the day prior to treatment. You will need to avoid shaving post treatment for 48 hours.

If you have any questions regarding these steps prior to your treatment, please contact our office and ask for Nick — we are happy to help!

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