envision
A Dry Eye Specialty Practice

OPTILIGHT INTENSE PULSE LIGHT (IPL)

What is IPL?
IPL stands for Intense Pulsed Light. It has been used in the aesthetic world for nearly two decades as a skin rejuvenation treatment known as photo facials. It was found to have a secondary benefit of improving dry eye in patients with meibomian gland dysfunction.

How is the OptiLight IPL different?
We are the first office in Boston to have the first and only FDA approved IPL with OptiLight technology which is clinically proven to improve dry eye in patients with meibomian gland dysfunction.

How does IPL work?
IPL is a non-invasive light-based therapy that targets inflammation and blepharitis, the root cause of dry eye and meibomian gland dysfunction. Roughly 85% of patients with dry eye have meibomian gland dysfunction.

What are the skin benefits?
IPL improves skin discoloration, including sun damage and hyperpigmentation. It also improves redness, stimulates collagen production which improves the skin's texture making it smoother, reduces pore size, and minimizes fine lines & wrinkles. IPL is also highly effective for patients with rosacea.

Can I use my FSA/HSA for this?
Yes, you can!

What is the cost?
The cost for four treatments along with gentle meibomian gland expression (if needed) post-treatment is $1600. Individual sessions are $450 per session.

How many sessions will I need?
Typically four sessions spaced out by 2-4 weeks are needed. Then maintenance treatments are needed 1-2x per year.

What should I expect after having an IPL treatment?
The skin may appear red with mild swelling and have a sunburn-like sensation that usually lasts for 4-8 hours but can last up to 72 hours.

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